



Choose Peace Stop Violence PLEDGE



Making peace must start within me. On this day, _____, 20____, I
commit to take responsibility for my part.

I pledge to:

Respect Myself and Others

Respect myself and others by always treating everyone how I want to be treated, to always be there when someone needs me and to not judge others.

Communicate Better

Share my feelings honestly, and talk to an adult I trust for advice on safe ways to express my anger to work at solving problems peacefully.

Listen

Listen carefully to others, especially those who disagree with me, and to consider others' feelings and needs rather than insist on having my own way.

Forgive

Apologize when I have hurt another, to forgive others, and to keep from holding grudges.

Respect Nature

Treat the environment and all living things, including my pets, with respect and care.

Be Courageous

Tell someone who can help when I am concerned about safety in person or online, whether at home, at school, at work, or in the community.

Name: _____

Age: _____

School/Organization: _____

Zip Code: _____

Telephone number: _____

Email: _____

Witnessed by: _____
(Teacher, Youth Leader, Parent)

I will encourage others to sign by forwarding to as many friends as possible